

BAR SNACKS AND SHARERS

Padron peppers (ve) ~ £3.75

Roasted with Maldon sea salt.

Baked in the box Camembert (v) ~ £7.25

Toasted bloomer and Tracklements onion marmalade.

Our nachos (v) ~ £8.95

Fried wheat tortilla, chilli bean, sour cream, avocado dip, melted cheese.

Smoked mixed nuts (ve) ~ £3.25

Marinated mixed olives (ve) ~ £3.00

Baba ganoush & hummus plate (v) ~ £8.95

Traditional hummus, smoked paprika, homemade baba ganoush, baby vegetables and wholemeal pitta.

SMALL PLATES

Three for £14.50 five for £22.50

Griddled halloumi cheese (v) ~ £5.95

Roasted vegetables, balsamic, garlic, olive oil, rocket and herb dressing.

Hummus (v) ~ £5.25

Smoked paprika, baby vegetables and wholemeal pitta.

Steamed vegetable dumplings (ve) ~ £5.95

Coriander, soy and sweet chilli dipping sauce.

Sweet potato falafels (v) ~ £5.95

Sour cream, coriander.

Beetroot & feta cheese bon bons (v) ~ £5.95

Kale pesto.

Pork and chorizo sausages ~ £6.25

Smoky chipotle mayo.

Marinated chicken thigh skewers ~ £6.25

Red pepper and chilli marinade, rocket and pomegranate.

Korean pork belly bites ~ £6.25

Hot Korean chilli sauce.

Steamed duck dumplings ~ £6.25

Coriander, soy and sweet chilli dipping sauce.

Popcorn chicken ~ £5.50

Smoky chipotle mayo.

Devilled king prawns ~ £5.65

Guacamole and Sriracha hot sauce.

Crispy calamari & cheese bites ~ £6.25

Tartar sauce.

OUR SIGNATURE BURGERS

Served in a brioche bun with salad, burger sauce and sea salted fries.

Beef ~ £10.50

Chicken breast ~ £9.95

~ Add cheese and bacon £1.00 each

Buttermilk chicken burger ~ £10.95

Fried crispy in panko breadcrumbs with Emmental and BBQ sauce.

Sweet potato and halloumi stack (v)

~ £9.45

~ Swap fries to sweet potato fries for £1.00

MAIN PLATES

Sweet potato & butterbean stew (v) ~ £10.25

Sweet potato falafels, baked crusty bread.

Courgetti (ve) ~ £9.25

Butternut squash, herb oil, lemon, pomegranate seeds and baby spinach.

Ramen bowl (v) ~ £8.95

Udon noodles, pak choi, baby corn, spinach, spring onion, chilli, mushroom, ginger, fragrant stock and soft boiled egg.

~Add poached chicken / grilled prawns for £3.00

Prosecco & courgette risotto (v) ~ £8.95

Olive oil, toasted seeds, rocket, Gran Moravia hard cheese crisp.

~Add poached chicken / grilled prawns / griddled halloumi for £3.00

Prawn and scallop linguini ~ £10.95

Cherry tomatoes, basil, lemon, olive oil, baby spinach, spring onion and red chilli.

Fish and chips ~ £10.50

Atlantic cod, McMullen ale and herb batter; chunky chips, tartar sauce and minted mushy peas.

Roast seabass ~ £11.95

Quinoa stir-fry, herb oil, lemon.

Peri peri chicken ~ £10.50

Marinated half chicken on the bone, sea salted fries and slaw.

Chicken and bacon salad ~ £9.50

Gem lettuce, baby spinach, avocado, red pepper, sunblushed tomatoes, Gran Moravia hard cheese, Caesar dressing and soft boiled egg.

Korean pork belly ~ £11.95

Sea salted fries, slaw and Korean hot chilli sauce.

28 day aged grass-fed 8oz sirloin steak ~ £15.95

Sea salted fries, creamed spinach, beef tomato and flat mushroom.

~Add peppercorn sauce £1.00

~ Swap fries to sweet potato fries for £1.00

SIDES

Fries or chunky chips (v)
~ £3.25

Sweet potato fries (ve) ~ £3.50

Onion nests (v) ~ £3.25

House salad (ve) ~ £2.00

Tomato, cucumber, baby spinach, red pepper, red onion and mixed grains.

DESSERTS

~ All £4.95

Salted caramel cheesecake (v)

Dulce de leche.

Warm chocolate brownie (v)

Vanilla ice cream and chocolate sauce.

Toffee waffle (v)

Vanilla ice cream and chocolate sauce.

Treacle sponge (v)

Vanilla custard.

Gin and red berry cheesecake (v)

Raspberries, strawberries and raspberry coulis.

Sharing dessert £9.00

All too tempting? Why not sample a selection of our favourites? Perfect for 2 to 3 people.

Chocolate brownie, gin and berry cheesecake, treacle sponge and salted caramel cheesecake.

BRUNCH

Available until 2pm

Full English ~ £8.25

Streaky bacon, pork sausage, 2 eggs the way you like them, hash brown, black pudding, baked beans, beef tomato, flat mushroom and toast.

Veggie English (v) ~ £7.75

2 vegetarian sausages, 2 eggs, baked beans, beef tomato, flat mushroom, hash brown and toast.

Halloumi breakfast (v) ~ £8.95

Grilled halloumi, poached egg, potato rösti, flat mushroom, beef tomato and hollandaise sauce.

Eggs Royale ~ £6.95

Poached eggs on a toasted English muffin topped with smoked salmon and hollandaise sauce.

Eggs Benedict ~ £6.75

Poached eggs on a toasted English muffin topped with smoked streaky bacon and hollandaise sauce.

Eggs Florentine (v) ~ £6.50

Poached eggs on a toasted English muffin topped with baby spinach and hollandaise sauce.

Bacon or sausage sandwich ~ £3.50

Buttermilk chicken waffle ~ £8.95

Maple syrup and pomegranate seeds.

Smoked salmon and scrambled eggs ~ £7.95

Chives, black pepper and lemon.

Chorizo hash ~ £6.25

Red peppers, onion, fried potato, 2 poached eggs and Sriracha sauce.

Avocado on rye (v) ~ £6.50

Poached egg and chilli sauce.

Overnight oats (v) ~ £3.25

Soft oats, red berries and fruit yoghurt.

Hot home-made buttermilk pancakes (v)

~ 3 for £5.00/ 5 for £6.50/ 7 for £8.00

Strawberries, blueberries and raspberries, Greek yoghurt, toasted seeds and blossom honey.

OR

Streaky bacon and maple syrup.

~ All our eggs are free range

SMOOTHIES AND JUICES

Berry 'go' round (ve) ~ £3.50

Raspberry, blackberry and strawberry.

Pash 'n' shoot (ve) ~ £3.50

Passion fruit, mango and pineapple.

Blueberry thrill (ve) ~ £3.50

Blueberry, raspberry, banana and flax seeds.

Strawberry split (ve) ~ £3.50

Strawberry and banana.

Coco loco (ve) ~ £3.50

Coconut, pineapple, mango, mint and lime.

Big 5 (ve) ~ £3.50

Kiwi, pineapple, strawberry, mango and apple.

Pineapple ~ £2.40

Beetroot ~ £ 2.80

Orange ~ £ 2.40

Apple ~ £ 2.40

Cranberry ~ £ 2.40

Tomato ~ £ 2.40

Chegworth Raspberry and apple/ Rhubarb and apple ~ £2.70

COCKTAILS

Breakfast martini ~ £7.95

Chase Marmalade vodka, Seville marmalade and Cointreau stirred and shaken with lemon juice.

Espresso martini ~ £7.95

Ketel One vodka and Kahlúa shaken with espresso and brown sugar.

Red snapper ~ £6.75

Hayman's London Dry gin and spiced tomato juice.

Champagne cocktail ~ £8.25

Rémy Martin VSOP, bitters and brown sugar.

Mimosa ~ £5.50

Prosecco and orange juice.

Classic Bloody Mary ~ £6.75

Absolut Peppar vodka.

For a lighter Bloody Mary why not swap the tomato for beetroot juice?

(v) suitable for vegetarians. (ve) suitable for vegans. Fish and poultry dishes may contain bones.

All weights are approximate prior to cooking. All items are subject to availability.

ALLERGEN INFORMATION. Non-gluten menu is available upon request. If you have any allergies or dietary requirements please speak to our team for more information. Our kitchens contain many ingredients so we cannot guarantee the total absence of nuts, gluten or other allergens.

A full list of allergens in each dish is available for your peace of mind.

All prices include V.A.T.

Service is not included. Our grateful team receive 100% of your tips, with all associated transaction fees paid by McMullen and Sons.

 Find our bar on Facebook Book online @ www.baroosh.co.uk



WEEKEND
MENU



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